

# OVERLANDER Adventure Checklist

✓ GET PREPARED. GET OUT THERE.



# OVERLANDER Adventure Checklist

X OVERLAND HAS A FEW TRIPS UNDER OUR BELT, AND WE'VE DISCOVERED OUR STAPLE ITEMS FOR A VARIETY OF TRIPS, ALONG WITH SOME TIPS AND TRICKS TO MAKE THE PROCESS A LITTLE EASIER.

The following is a template—a basic list of the consistent items we take on every trip along with a few of our XO favorites. Each trip has specific needs depending on several factors like number of people, destination(s), weather, and number of days. Please customize the list to fit YOUR needs.

Pages 2-3 include our favorite galley items and meal planning forms. List out your meals, ingredients and “head chefs” as necessary. (Print as many sheets as you need to cover your trip.)

Open the PDF, type in your specific needs, and check off the items as you pack.  
Or, print the PDF, scribble in your needs, and carry it in your back pocket as you mark off items.

**STAY SAFE OUT THERE AND HAVE FUN!**

## Trip Dates:

Number of Nights: \_\_\_\_\_ Expected Terrain: \_\_\_\_\_

Number of People: \_\_\_\_\_ Expected Weather / Temperature: \_\_\_\_\_

## SLEEP SYSTEMS

- Tent(s) [Rooftop, Ground]
- Sleeping Pad(s)
- Sleeping Bag(s)
- \_\_\_\_\_
- \_\_\_\_\_

## PERSONAL BAG

- Toiletries, Toilet Paper
- Warm Weather Gear
- Cool Weather Gear
- Flashlight / Headlamp
- Pocket Knife
- Prescriptions, OTC Meds, Lip Balm
- \_\_\_\_\_
- \_\_\_\_\_

## MEDICAL

- Med Kit [Pain Relief, Allergy, EpiPen, Sunscreen]
- Trauma Kit
- Bear Spray
- Insect Repellent
- \_\_\_\_\_
- \_\_\_\_\_

## RECOVERY GEAR

- MAXTRAX
- X-Jack or High Lift Jack
- Deadman or Pull-Pal [if needed]
- Shovel(s), Axe(s), Machete(s)
- Winch Gear [Shackles, Snatch Block, Gloves, Line Dampeners, Line Extension]
- Tow / Snatch Strap
- Tire Repair Kit
- Air Up Kit
- Jumper Cables
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## TOOLS

- Basic Tool Kit [Sockets, Wrenches, Screwdrivers]
- Zip Ties, Tape [Duct, Electrical]
- Tire Gauge
- Extra Air Filters / Parts
- Ratchet Straps
- \_\_\_\_\_
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## OTHER / MISC.

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## NOTES

Please share your adventures with us! [xoverland.com](http://xoverland.com)



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## GALLEY

- |   |  |   |  |  |
|---|--|---|--|--|
| <input type="checkbox"/> Pots, Pans & Skillet     | <input type="checkbox"/> Pot Holders             | <input type="checkbox"/> Cook Stove / Grill | <input type="checkbox"/> Bags [Ziploc & Trash] | <input type="checkbox"/> Dry Food      |
| <input type="checkbox"/> Plates & Bowls           | <input type="checkbox"/> Can Opener              | <input type="checkbox"/> Propane            | <input type="checkbox"/> Dish Soap             | <input type="checkbox"/> Coffee System |
| <input type="checkbox"/> Silicon Serving Utensils | <input type="checkbox"/> Cutting Boards & Knives | <input type="checkbox"/> Lighter / Matches  | <input type="checkbox"/> Dish Brush            | [French Press / Pour Over / AeroPress] |
| <input type="checkbox"/> Eating Utensils / Sporks | <input type="checkbox"/> Paper Towels            | <input type="checkbox"/> Aluminum Foil      | <input type="checkbox"/> Wash Bin(s)           |  |

## BEVERAGES

- Coffee
- Water
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## SPICES & CONDIMENTS

- Cream(er)
- Sugar / Sweetener
- Salt & Pepper
- Seasoning Blends
- Cooking Oil
- Butter
- Ketchup / Mustard
- Mayo / Dressings

## SNACKS / OTHER

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## DAILY MEAL PLANNER

DAY

### BREAKFAST HEAD CHEF:

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## DAILY MEAL PLANNER

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